

BERGEN

GUIDE

OFFICIAL GUIDE FOR BERGEN
AND THE REGION 2024

More information: visitBergen.com





Welcome to Destination Fløyen



Fløirestauranten

Open every day 11:00-23:00



floyen.no

Find inspiration for
your next visit at





Welcome to the top of Bergen!

Ulriken643 cable car takes you to the top of Mount Ulriken, the tallest mountain in Bergen.

From the cable car and the plateau on top you have amazing views of the city surrounded by mountains, fjords, lakes and coastal landscapes. At Mount Ulriken you will find many beautiful hiking opportunities in the surrounding area.



Incredible view of Bergen and the Fjords



Great quality dining at Skysraperen




Drop-in at Ulriken Café



Plenty of adventurous activities and hikes



Opening hours May-Sept:
9 am-11 pm

 Buy tickets here!



ULRIKEN
643



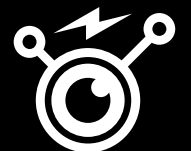
A magical experience for the whole family

Explore a world of wonders at the Bergen Aquarium!
A true adventure for curious children and adults who want to learn, see and experience something new and exciting.



Explore the fun in science

vilvite.no



VILVITE

BERGEN CARD

THE PRACTICAL AND REASONABLE WAY
TO EXPLORE BERGEN, CITY OF CULTURE

24/48/72/96H

For more information
about the advantages
of the Bergen Card,
see page 14.

Scan and book



World Heritage City

visitBergen.com

Visit
Bergen

Bergen
Guide 2024

Chapter 1.
Welcome

WELCOME TO BERGEN!

As a European City of Culture, World Heritage City and UNESCO City of Gastronomy, Bergen offers world-class experiences and culture. Bergen is the heart of the Norwegian fjords, and it gives you an ideal combination of nature, culture and cosmopolitan experiences. All year round.

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CHAPTER 1.1

HELP US TAKE CARE OF BERGEN AND THE REGION

Help us take care of Bergen and the region. We who live in Bergen love our city – and we love our visitors. We believe that a good city to live in, is also a good city to visit. That is why we encourage everyone who visits Bergen and the region to help us take care of our nature, the world heritage, our neighborhoods, and the local communities during your visit. Here are seven guidelines we hope you will follow.

1 Show consideration for others

Show consideration for both the locals and other visitors. Be respectful towards the people working in shops, museums, restaurants and attractions. Bus stops and the railway station are no-smoking areas. If you visit mountains or fjords, remember that the silence in nature is part of the experience. It is customary to greet the people we meet along the walking paths in Norway.

2 Use waste bins and public toilets

Please do not leave behind any waste in the city or in the nature. Use the public waste bins or bring the waste with you until

you can correctly dispose of it. We do not appreciate people relieving themselves in the city parks, this is illegal and can be heavily fined. There are many public toilets scattered throughout the city, use these instead.

3 Respect private property

Remember that the many beautiful houses you see in Bergen and the region are the homes of locals, and therefore private property. Please be considerate towards the people who live and work in the city and respect their right to privacy. Do not enter private gardens or take pictures through windows into people's houses. The World Heritage site Bryggen is also private property. Please be extra mindful to preserve it. Smoking is not permitted in the Bryggen area.

4 Take care of the nature and wildlife. Respect the weather

Nature is beautiful but can be unpredictable. The weather can change quickly in western Norway. Stick to the marked paths while hiking. Show

consideration to the wildlife, particularly in the spring season. Always walk your dog on a leash. This is mandatory year-round in Bergen and the surrounding mountains. If you are not used to walking in untamed nature, we recommend using a local guide. Ask the Tourist Information for advice. See our guide on page 22 for more practical tips for hiking in Bergen and the region.

5. Consider the timing when visiting the most popular spots. Make sure to explore the whole city and the region surrounding Bergen

During winter there is plenty of space in Bergen. Some days during the summer however, it can become crowded in areas like Bryggen, the Fish market and Fløyen. Consider the timing of your visit to the most popular attractions. It is a good idea to Visit Fløyen in the evening and enjoy the sunset from the top. You can also enjoy the sight of Bryggen from the other side of the Harbor (Strandkaaien) during the busiest hours. This is also the best photo spot. By avoiding these areas during the busiest hours, you contribute to lowering issues of overcrowding, and at the same time you will have a better experience as a visitor. Remember that Bergen is more than the city centre. The region around Bergen is packed with beautiful areas, a variety of hiking opportunities, plenty of waterfalls and a rich cultural heritage. Make the most of your trip by exploring the whole region. When in Bergen, be sure to also explore the many different neighborhoods like Sandviken, Nordnes, Møhlenpris and Nygårdshøyden.

6. Minimize your footprint by making more sustainable choices

Bergen is labelled as a Sustainable destination. Help us remain this quality mark by making sustainable choices during your visit. Opt for eco-labelled hotels, activities, and restaurants. Travel on public or low emission transportation. Bring your own water bottle and refill it for free from the many fountains throughout the city. Try the local food scene and learn more about our history and culture. You can find more tips to make your journey more sustainable on page 16.

7 Photography and drones

You can take pictures almost anywhere in Bergen. Some places – mainly in art galleries and museums – may have signs indicating that taking pictures is not allowed. Always remember to ask people around you whether you may take a picture of them. Taking pictures of children in schools and kindergartens is not allowed. Special rules apply to the use of drones. Usually, it's not allowed to use drones in populated areas (like the city center) or in national parks. Learn about the rules before takeoff. You can read about them on the Civil Aviation Authority of Norway's website

**Thank you for caring about our city and the Bergen region!
Have a lovely stay in Bergen!**

CHAPTER 1.2

TOURIST INFORMATION

In a central location next to the Fish Market (the building is called Mathallen), you will find the Bergen Tourist Information.

Here, you will find exhibitions and presentations of things to see and do in Bergen and Fjord Norway. In addition to free help and advice, you can also buy a range of products and services, and exchange the most common types of currency.

Tickets for sightseeing, fjord tours and concerts

We can recommend what you should see and do while you're in Bergen and the fjord tours that best suit your wishes. We sell tickets for all the well-known round trips and fjord tours that depart from Bergen. Many tours start right outside the Tourist Information.

The Bergen Card

With the Bergen Card you get discounts for a lot of attractions, fjord cruises, public transportation, museums, restaurants and so on. Buy your Bergen Card at the Tourist Information or online at en.visitbergen.com

Free brochures

We have all the brochures you need for Bergen and Fjord Norway, as well as exhibitions that will guide and inspire you on the rest of your trip.

Currency exchange

We have the best opening hours in the city for currency exchange. You can exchange the most common types of currency into Norwegian kroner.

Book online

Our website is always up-to-date and guides you through what is available. Book activities etc. online at visitBergen.com

- Fjord tours
- Activities
- The Bergen Card

Bergen Tourist Information Centre

Strandkaian 3,
NO-5013 Bergen, Norway
(+47) 55 55 20 00
info@visitBergen.com
www.visitBergen.com

CHAPTER 1.3

THE BERGEN CARD

CULTURE AND EXPERIENCES

Buy the Bergen Card online on [visitBergen.com](https://visitbergen.com)



The practical and reasonable way to explore Bergen, City of Culture.

With the Bergen Card in your pocket, you travel free on the Bergen Light Rail and buses in the city and the region. You also get free or discounted admission to museums and attractions, various sightseeing tours, restaurants and parking. The Bergen Card gives you admission to attractions in the city centre as well as other attractions in the region.

Bergen has many museums, some with unique art collections and others that show the breadth of the city's historical heritage. Take a trip up to Mount Fløyen and enjoy the view of the city, the fjord and the ocean. See seals, penguins, crocodiles and snakes at close range at Bergen Aquarium, or explore the world of science and technology with your family at the VilVite Science Centre.

Free travel on:

- Bergen Light Rail – between the city centre and Bergen Airport Flesland
- Scheduled bus services in Bergen and Hordaland county (Skyss)
- Boat – Strandskai Terminal to Kleppestø (Askøy)

Buy the Bergen Card here

- Bergen Tourist Information Centre
- Online at: [visitBergen.com/Bergenskortet](https://visitbergen.com/Bergenskortet)
- Bratland Camping
- Radisson Blu Royal Hotel

For more information about the advantages of the Bergen Card, see en.visitbergen.com/bergen-card

Important information about use of the card

The Bergen Card is personal. Always take it with you and show it without being asked. It is checked at places that take the Bergen Card. See what you save by using the Bergen Card when visiting the city's many attractions and sights.

Scan and book



B in the guide = free / discounted price with the Bergen Card

SUSTAINABLE DESTINATION

Travel destinations play a key role in the progress towards more sustainable tourism. We are very proud that Bergen is the largest destination in Norway to be labelled as Sustainable Destination. Sustainable Destination is a Norwegian labelling scheme and quality mark, that ensures that destinations work systematically to become more sustainable over time, in areas such as lowering climate gas emissions, strengthening local communities, protecting natural areas and the cultural heritage, and creating a more positive economic impact from tourism.

Sustainability however cannot be achieved without the help of our visitors. We have therefore gathered a few tips we hope you will follow to make your travel in Bergen a bit more sustainable. Join us on a journey to make Bergen an even better place to live and to visit for future generations to come!

1. Choose low emission transportation

Transportation is the biggest source of emission from travelling. Bergen is a world leader in green transportation, making it easy to choose low emission modes of transport.

Bergen has a compact city centre, and most attractions in the city can be reached within a 15-minute **walk**.

If you want to explore the city by **bike** you can rent one of our many city bikes, called "Bysykkel", scattered across the city. These are available all year round (in the winter the wheels are equipped with spikes). Outside the city center you can take

advantage of a well-developed **public transportation** with a variety of low-emission buses (electric or biofuel powered) or the Bergen Light Rail. With the Bergen card you get free admission on all public transport in the whole of the Bergen region.

From Bergen there are many daily **trains** departing to Voss, Flåm and Oslo along the Bergen Railway. The railway has run on renewable energy since 1964! The train ride from Bergen to Oslo is considered one of the most scenic and beautiful train rides in the world and takes about seven hours. There are also many **regional buses** departing daily from Bergen to most cities and towns along Western Norway and in Southern Norway.

The rugged terrain of western Norway can make it difficult to explore some parts of the region exclusively by using public transport. Many people therefore choose to rent a car to explore the region. If you consider **renting a car**, we recommend that you choose an electric car. Bergen has the highest concentration of electric cars per capita in the world, and the availability of charging stations is very good throughout the region surrounding Bergen. This way you can explore the region with a clean conscience.

2. Stay a day or two longer in the Bergen region

Did you know that staying for a longer period at your chosen destination is one of the most important things you can do to lower your environmental footprint



Green Travel

Look for The Green Travel symbol in the Bergen Guide to find ecolabel tourism enterprises in the region.

from travelling? When guests choose to stay longer, the demand for new guests arriving declines and with it the emissions related to transportation. At the same time the value creation and number of jobs at the destination can be upheld. And by staying longer in Bergen you also get more time to really explore the city and region!

3. Choose eco-labelled travel suppliers

Look for an eco-label when choosing an activity, a place to eat or a place to sleep. When choosing an eco-labelled travel supplier, you can be sure that the company has committed itself to work systematically with sustainability. Holding an eco-label does not mean that the business is completely sustainable, but it tells you that they fulfil several criterions aimed at reducing their footprints and that they are working continuously to become more sustainable and environmentally friendly over time.

In this guide or at VisitBergen.com you can look for the symbol "Green Travel" to find an eco-labelled travel supplier in Bergen. The purpose of the symbol is to make it easier for our guests to find a certified supplier.

The following certification schemes is included in the Green travel symbol: Ecotourism Norway, Nordic Swan Ecolabel, Eco-Lighthouse, Green Key, ISO 14001 and Blue Flag.

4. Eat like the locals!

Bergen is a city with proud seafood traditions, with specialty dishes like the Bergen fish soup and **Persetorsk** (cod prepared in a special way), which is a must to try! Along with fresh fish and other produce, the Bergen region also offers award winning local products like Myrdal cheese, Bareksten gin and Hardanger cider. When you buy locally produced food you contribute to the preservation of local food traditions and jobs. Locally produced food also requires less transportation and therefore produce less emissions on its way to your dinner plate. And did you know that many restaurants in Bergen are part of an initiative where greens and vegetables are grown on roofs throughout the city?

5. Learn about the local culture and history

Bergen is one of the oldest and largest cities in Norway, and with this comes a great cultural heritage. By visiting one of

the many museums in the Bergen region you contribute to the preservation of the local culture, traditions, and history. Apart from the UNESCO World heritage site Bryggen and The UNESCO Biosphere area of Nordhordland, the Bergen region is rich in history from the Medieval period and World War 2, has a unique textile history and industry, a university which holds its own botanical gardens and much more.

6. Explore the fjords on an electrical fjord cruise

Did you know that Western Norway probably has the highest density of electric ships and boats in the world? As a visitor you can experience this on the electric voyage going between Flåm and Gudvangen on board The Fjords different sightseeing boats. Norway in a nutshell@ is a popular roundtrip combining the boat trip with the Flåm Railway.

7. Choose from a variety of activities and experiences with a low footprint

Bergen offers a great selection of experiences that have a low environmental footprint. The Fløibanen funicular and Ulriken cable car takes you up to the greatest views of Bergen. They are both almost exclusively powered by the



Green Kayak at Norwegian Fisheries Museum.

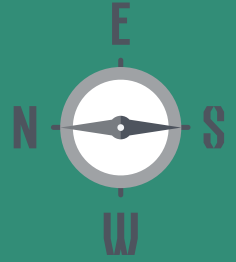
counterweight of the second carriage riding down the mountain, pulling the other up.

If you want to experience Bergen by the seaside you can rent kayaks for free from Green Kayak, at the Norwegian Fisheries Museum. In exchange you have to pick up the trash you might find in the harbour basin.

Bergen is surrounded by seven mountains, and there is a myriad of different hiking trails only a short distance away from the city centre. If you are less experienced as a hiker or want to learn more about the region while hiking, a guided hike is a great and always recommended alternative. Please be considerate towards the nature, wildlife, and people while hiking, look for our practical tips for hiking in Norway at page 22 in this guide.

Thank you for taking sustainability into account on your visit to Bergen!

MAP



10 PRACTICAL TIPS WHEN HIKING IN THE BERGEN REGION

The stunning Norwegian nature is for many one of the reasons to visit Norway. In the Bergen region you will find a wide variety of hiking opportunities. But how can you enjoy the nature in a safe and responsible way? Here we have gathered some of our best practical tips for hiking in Bergen.

1. Proper clothing is key

To have a good hiking experience, the right clothing is crucial. The weather in Bergen and Western Norway can change quickly. We therefore recommend that you always pack warm clothes and a shell jacket in your backpack as a minimum. Choose footwear according to the conditions, even if the weather is dry, there might be wet areas on the trail.

2. Getting hot and want to cool down?

Taking a dip while hiking can be surprisingly refreshing! It's allowed to take a swim in lakes or in the sea but note that it is not allowed to swim in drinking water sources or in certain conservation areas. This applies for example to large parts of the mountains surrounding Bergen.

3. Feel free to camp, but avoid some areas

It's perfectly legal to sleep in a tent or hammock in the Norwegian nature. But the camp site must be at least 150 meters from the nearest house, and it's not allowed to camp on cultivated areas, for instance in parks, graveyards or areas used for farming. You can maximum stay for two days in the same spot. Avoid setting up camp in or near drinking water sources.

PS: remember that sound carries well in nature and that there may be others sleeping outside in the same area. Turn down the volume of any portable speakers.

4. Picture that!

It's allowed to take pictures of almost everything in Norway, but if you want to take pictures of people you should first ask for their consent. There are special rules for the use of drones. For example, drones are not allowed in national parks or near airports. Read more about which rules that applies on The Civil Aviation Authority's website: luftfartstilsynet.no/en/ Remember that others may be inspired by the photos you post on social media. Please avoid posting or spreading photos or directions to motives that might be difficult or dangerous for inexperienced hikers to reach.

5. Let there be light

There are huge seasonal varieties in when the sun sets. During summer it can be bright for large parts of the day, but it gets dark quickly in the winter. Before setting out on a hike, you may want to check at what time the sun will set that day. Check the weather forecast and plan to be back from the trip well before it gets dark. Bring a headlight in your backpack for safety.

6. Can I light a fire?

Lighting a bonfire can be a magical experience, but remember that there is a general ban on bonfires between 15th of April and 15th of September. The ban also applies for disposable grills, firepans, and other sources to open flames. Trust us when we say

that you don't want to be responsible for causing a wildfire.

If you want to make a fire between 15 September and 15 April, do not do any damage to healthy trees while collecting wood and remember to put out the fire completely before leaving the area.

7. When nature calls

If you are going on a hike that lasts a few hours, you may want to be prepared to go to the toilet outdoors. Pack with you what you need when nature calls. Remember that others are likely to follow your trail, so pull well away from the path and bring your toilet paper or sanitary products home with you in a plastic bag. Dig a small hole in the ground to hide the rest.

8. Don't leave any traces and respect the wildlife

Everything you take with you on your trip must also be taken home. Leave the nature in the same condition as when you arrived. Pack a bag you can collect your trash in. Feel free to pick up any other rubbish you come across on your trip. Show consideration to the wildlife, particularly in spring when new life is abundant in the animal kingdom. Always keep your distance when encountering wild animals. Remember that it is illegal to remove eggs from their nests. Always walk your dog on a leash. This is mandatory year-round in Bergen and in the city mountains.

9. Follow The Norwegian Mountain Code "Fjellvettreglene"

Planning to do a longer hike you are not familiar with? The mountains can be unpredictable and without cell phone coverage. Use a guide or follow the nine simple rules of the Norwegian Mountain Code to minimize your own risk:

1. Plan your trip and inform others about the route you have selected.
2. Adapt the planned routes according to ability and conditions.
3. Pay attention to the weather and the avalanche warnings.
4. Be prepared for bad weather and frost, even on short trips.
5. Bring the necessary equipment so you can help yourself and others.
6. Choose safe routes. Recognize avalanche terrain and unsafe ice.
7. Use a map and a compass. Always know where you are.
8. Don't be ashamed to turn around!
9. Conserve your energy and seek shelter if necessary.

Note: If it rains heavily and fog covers the mountain tops, you might not want to embark on challenging hikes like Vidden or Trolltunga.

10. Hei og god tur!

Forget everything you have been taught about the introvert Nordics. While hiking in the nature, it is common to greet people along the trails. Say "Hei"! And don't be afraid to ask fellow hikers about the condition on the trail ahead. Wish them "God tur" after the chat.


Thank you for being prepared. Lower your heart rate and enjoy the nature!

CHAPTER 2 / ATTRACTIONS

EXPLANATION SYMBOLS:

 Wheelchair access  Café  Open all year

 Shopping  Bergen Card

 Green Travel | Look for The Green Travel symbol in the Bergen Guide to find ecolabel tourism enterprises in the region.

1 AdO arena

At AdO arena, you can swim in a 50-metre pool of high international standard, dive in what is said to be one of the best diving pools in Europe, learn to swim in the training pool or plunge down one of our water slides.

Lungegårdskaien 40 / NO-5015 / +47 53 03 62 22 / adoarena.no



2 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP

At Arven gold and silver ware factory and shop, you can buy beautiful hand made jewellery, household items and silver cutlery. A visit here is a real experience! You can see the production line and our artisans at work up close through a 40 metre long glass wall. Guided tours of the factory are also available.

Sandbrogaten 11 / NO-5003 / +47 55 55 14 40 / arven.no



3 BERGEN AQUARIUM

Bergen Aquarium is one of the biggest tourist attractions in Bergen. You can experience fascinating creatures from tropical rainforests, the foreshore, the ocean depths and the Arctic. We have sea lions, penguins, otters, crocodiles and many more animals, and you can see them being fed every day and enjoy a film in our cinema. Café/shop/play area.

Nordnesbakken 4 / NO-5005 / + 47 55 55 71 71 / akvariet.no

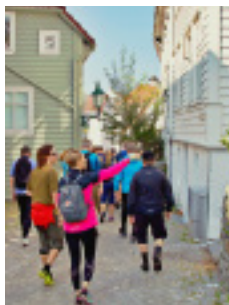
    



4 BERGEN BASE CAMP - Food and culture walk

The Food and Culture walk is a great way to explore Bergen and the history of the city. You will be accompanied by a local guide as you wander through the oldest parts of the city focusing on local food and history. Available all year, six days a week as scheduled or private tours. The food will be sufficient as a lunch.

Nordre Nøstekaien 1 / NO-5011 / +47 55 32 55 00 / bergenbasecamp.no

**5 BERGEN PHILHARMONIC ORCHESTRA**

Bergen Philharmonic Orchestra has national orchestra status and, as one of the world's oldest orchestras, can trace its history all the way back to 1765. Edvard Grieg was closely associated with the orchestra. Concerts are held every week during the season from August to May. Streaming services are available at bergenphilive.no.

Grieghallen, Edvard Griegs Plass 1 / NO-5015 / +47 55 21 62 28 / harmonien.no

**6 ESCAPE BRYGGEN**

Escape Bryggen is Norway's oldest Escape Room company, and the only one in the whole world in a UNESCO World Heritage site. You get 60 minutes to: Escape from the curse, Disarm the bomb, Catch the murderer, Escape Bryggen!
With four rooms, both indoors and outdoors, we have something to suit everyone! Perfect for families, tourists and everyone else!

Bryggen 35 / NO-5003 / +47 4737 2273 / escapebryggen.no

**7 FLØIBANEN FUNICULAR**

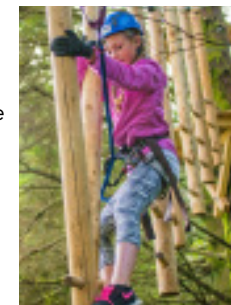
Take the Fløibanen funicular to the top of Mount Fløyen and enjoy spectacular views of the city. You will also find the restaurant Fløirestauranten, Fløistuen shop & café, Skomakerstuen café, Konglen cabin, playgrounds, goats and a large and diverse hiking area. In summer, you can hire off-road bikes or paddle a canoe at Skomakerdiket lake. Welcome to the mountains!

Vetrlidsallmenningen 23A / NO-5014 / +47 55 33 68 00 / floyen.no

**8 BERGEN CLIMBING PARK, HØYT & LAVT**

Get a great rush climbing in the tree tops at Western Norway's biggest climbing park. A day at the park offers exciting activities for all ages and skill levels – and requires no prior experience. You can have fun both close to the ground and high up on 10 trails, 120 obstacles and 20 exhilarating ziplines. Høyt & Lavt has something for everyone!

Osvegen 141 / NO-5227 / +47 55 10 20 00 / hoytlavt.no/bergen

**9 NORDNES SJØBAD**

Nordnes Sjøbad is located in Nordnesparken park, not far from Bergen Aquarium, and in walking distance of the city centre. It has a 25-metre outdoor saltwater pool heated to a cosy 30 degrees, and you can take a refreshing dip in the sea. We also have changing rooms and saunas. The summer season is from May to September, and it is open for winter swimming from October to April.

Nordnesparken 30 / NO-5005 / +47 469 04 965 / nordnessjobad.no

**10 ULRIKEN643**

Experience the mountains in the middle of the city! Take the cable car up to the top of Bergen where you'll find a fantastic landscape, views, activities and unique culinary experiences in Skyskraperen Restaurant. The Ulriken Express Bus service runs from the city centre to the cable car every half hour from 1 May to 30 September.

Haukelandsbakken 40 / NO-5009 / +47 53 64 36 43 / ulriken643.no

**11 BERGEN SCIENCE CENTRE – VILVITE**

Explore science and technology with all your senses! The exhibition is full of fun experiences for children and adults. Go on a voyage of discovery through the body, explore sustainable energy, learn about the cycle of nature, cycle a 360-degree loop, do experiments with water, see a science show and lots more.

Thormøhlens gate 51, Møhlenpris / NO-5006 / + 47 55 59 45 00 / vilvite.no



12 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP

At Arven gold and silver ware factory and shop, you can buy beautiful hand made jewellery, household items and silver cutlery. A visit here is a real experience! You can see the production line and our artisans at work up close through a 40 metre long glass wall. Guided tours of the factory are also available.

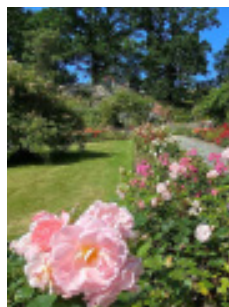
Sandbrogaten 11 / NO-5003 / +47 55 55 14 40 / arven.no



13 THE ARBORETUM AND BERGEN BOTANICAL GARDEN

Enjoy a visit to Arboretum and Bergen Botanical Garden where you will find incredible and unique plants from all over the world, including endangered and vulnerable species. The Arboretum and Botanical Garden lie south of the Bergen city centre, in beautiful and natural surroundings at Milde.

Mildevæien 240 and Skipanesveien 45 / NO-5259 / 55 58 72 50 / uib.no/en/universitygardens



14 BERGENHUS FORTRESS MUSEUM

Main exhibitions: The resistance movement in the Bergen area from 1940 to 1945 and the history of Bergenhus Fortress. Other exhibitions: Women's contribution to the Norwegian Armed Forces, newspapers in Bergen and the underground press from 1940 to 1945. Norwegian forces abroad and Enigma. Changing temporary exhibitions.

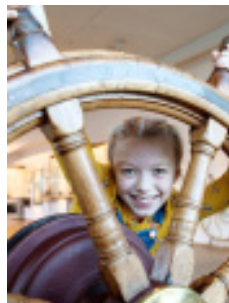
Koengen, Bergenhus Fortress / NO-5886 / +47 98 90 33 51 / forsvaret.no



15 BERGEN MARITIME MUSEUM

The story of shipping and its importance to Bergen and Norway from the Iron- and Viking Age and up to the present. Exhibitions include high-quality ship models, boats, equipment and paintings. The museum building is an architectural gem, situated in beautiful surroundings. Guided tours in English from June to August. Activities for children. Nice gift shop and coffee corner. Bus stop: Møhlenpris.

Haakon Shetelig's plass 15 / NO-5007 / +47 55 54 96 00 / sjofartsmuseum.no



16 BERGEN SCHOOL MUSEUM

Welcome to Bergen's oldest Latin School, dating from 1706. The oldest school building in Norway has exhibitions about the Norwegian school system and Norwegian society from the Middle Ages and up to the present. Thematic exhibition of old natural science posters.

Lille Øvregate 38 / NO-5018 / +47 55 30 80 39 / 55 30 80 30 / bymuseet.no/



17 BERGEN TECHNICAL MUSEUM & HISTORIC TRAM

The Bergen Technical Museum showcases the technical and transport history of Bergen with displays of historic vehicles and artifacts, as well as a café and operation of vintage printing presses. The tram line operates from the Museum to the city centre during opening hours. Unlimited rides are included. Children under 18 years old who are accompanied by adults are admitted free of charge.

Thormøhlens gate 23 / NO-5006 / +47 950 78 360



18 BJØRN WEST MUSEUM

The story of the resistance group Bjørn West is the interesting local history of the last hostilities in Europe in 1945. The museum has an extensive exhibition of equipment, photos and films. Small museum shop with refreshments. Signposted car walks. Great walks and hikes with historical interest in magnificent nature. Express bus.

Matre 41 / NO-5984 / +47 469 05 204 / bjornwest.museumvest.no



19 BRYGGEN GUIDING – on foot

Experience Bergen's history where it all started – at UNESCO World Heritage site Bryggen! The walk starts at Bryggens Museum, continues to the ruins of the city's first town hall, well hidden below street level, then takes you through the wooden buildings at Bryggen and ends up at Schøtstuene assembly rooms. Meeting point: Bryggens Museum. Duration 90 minutes. (English only).

Dreggsallmening 3 / NO-5003 / +47 55 30 80 30 / bymuseet.no/



20 BRYGGENS MUSEUM

Archaeological museum comprising thousands of items that provide an interesting insight into everyday life during the Middle Ages. Find out how the many city fires changed both the city and people's lives. Guess what they wrote in runic inscriptions to each other, everything from declarations of love and poetry to secret messages. Get a new perspective on Bergen!

Dreggsallmenningen 3 / NO-5003 / +47 55 30 80 32 / 55 30 80 30 / bymuseet.no/



21 COASTAL MUSEUM IN ØYGARDEN

The museum is a perfect destination for a seaside excursion just 50 minutes from Bergen. Enjoy exhibitions about local coastal culture, guided tours to a fish farm, or maybe a swim in the fjord. Get to know our local history through films and exhibitions, enjoy traditional pancakes in our café or browse our museum shop. Lovely outdoor recreation area for walks, fishing and swimming.

Museumsvegen 9 / NO-5337 / +47 53 00 61 40 / kystmuseet.museumvest.no



22 DALE OF NORWAY

Norwegian-made knitwear of exceptional quality from Dale of Norway is available in selected stores at Bryggen. By visiting our Factory Outlet at Dale (45 minutes by car/train from Bergen) you can shop from our entire collection and find bargains on outgoing items. Factory tours (groups only) can be pre-booked at: shop@dale.no

Dale of Norway Factory Outlet, Sandlivegen 2 / NO-5722 / +47 415 67 571 / www.daleofnorway.com



23 GAMLEHAUGEN – ROYAL RESIDENCE, MUSEUM AND PARK

Guided tours of the museum are available from 1 June to 31 August. Learn about our first prime minister Christian Michelsen and his role during the dissolution of the union with Sweden in 1905, and the property's history and renovation. Christian Michelsen commissioned Gamlehaugen in 1900, and he lived there until his death in 1925. After his death, Gamlehaugen became the royal residence in Western Norway.

Gamlehaugveien 10 / 5230 Paradis / +47 414 82 941 / Statsbygg.no



24 HAAKON'S HALL

Explore Norway's medieval stone castle, crafted by King Håkon Håkonsson 1247-1261 for royal gatherings in Bergen, then the largest city in Norway. Håkon's Hall witnessed pivotal events, including Norway's first laws. Today, it hosts ceremonies and concerts, a cultural heritage attraction and museum.

Bergenshus Festning / NO-5003 / +47 55 30 80 36 / 55 30 80 30 / bymuseet.no/



25 THE HANSEATIC MUSEUM AND SCHØTSTUENE

Explore Bryggen as the Hanseatic merchants knew it! Visit the German merchants' assembly rooms, Schøtstuene, and UNESCO World Heritage site Bryggen with us. Guided tours are available in several languages in the summer season.

Activities for children and seats in the garden.

Øvregaten 50 / NO-5003 / +47 53 00 61 10 / hanseatiskemuseum.museumvest.no/



26 HAVRÅ

Join a unique tour of a historic cluster farm where we tell the story of the traditional Havrå farm. The farm is run in a traditional way with traditional tools. Through practical work, Havrå shows how local resources were used in the past. To see Havrå you have to book a tour in advance.

Bruvikvegen 272 / NO-5286/ (+47) 959 14 742 / muho.no/havra



27 HERDLA MUSEUM

Herdla is a small island in the archipelago 45 minutes west of Bergen and is the perfect destination for a day trip. Here you can go fishing, walk along the beaches or go bird-watching in the nature reserve. Of course, you have to visit the museum and see the wreck of a German fighter aircraft which operated from the airfield at Herdla during WWII as well as exhibitions dealing with local history and nature. Café and shop.

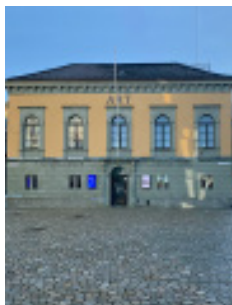
Herdla fort / NO-5315 / +47 970 94 729 / herdlamuseum.museumvest.no/



28 KUNSTHALL 3,14 – CONTEMPORARY ART

Contemporary art in the heart of Bergen! Experience thought-provoking art on the second floor of the old Norway's Bank, a new renaissance and empire style building from 1845. Kunsthall 3,14's exhibitions and live program shed light on urgent social and cultural questions in the global world. Free entrance.

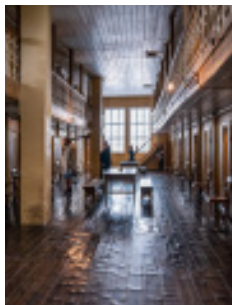
Vågsallmenningen 12 / NO-5014 / +47 55 09 01 10 / kunsthall314.art



29 THE LEPROSY MUSEUM – ST. JØRGEN HOSPITAL

Visit a unique cultural monument with many stories to tell. When its last residents died in 1946, the hospital had been in use for more than 500 years. Learn about leprosy, how widespread it was and the efforts made to eradicate the disease, which culminated in Gerhard Armauer Hansen's discovery of the leprae bacillus in 1873.

Kong Oscars gate 59 / NO-5017 / +47 55 30 80 37 / 55 30 80 30 / bymuseet.no/



30 THE HEATHLAND CENTRE AT LYGRA

Through active cultivation of the landscape, the Heathland Centre preserves the heathland and promotes the coastal culture of Western Norway. Film, exhibition, restaurant, local food, walks, guided tours, views, tranquility, grazing animals, bike hire and accommodation.

Lyrevegen 1575 / NO-5912 / +47 56 35 64 10 / muho.no/lyngheisenteret



31 THE MUSEUM GARDEN

Discover the Museum Garden, a 125-year-old botanical gem, with over 3000 varieties of plants, including a kitchen garden, rock garden, water garden, arboretum, and a tropical greenhouse, this garden is a must-see for nature lovers and botany enthusiasts alike.

Muséplassen 3 / NO-5007 / 55 58 00 00 / uib.no/en/universitygardens/135495/museum-garden



32 THE NORTH SEA TRAFFIC RESISTANCE MUSEUM

Exhibitions about the Telavåg tragedy, the coastal resistance movement and the North Sea refugee route to the UK during WW II. The village of Telavåg was razed and its inhabitants sent to German concentration camps. The 'Telavåg 1942' app recounts this story. Film. 45 min. drive from Bergen. Buses 450 to 459- free with Bergen card. By appointment off season.

Årvikadalen 20 / NO-5380 / +47 53 00 61 50 / nordsjofartsmuseum.museumvest.no/



33 THE NORWEGIAN FISHERIES MUSEUM

Immerse yourself in fascinating history in authentic 18th-century wharfside warehouses. Learn about the sea, our common marine resources and fishermen's lives through the ages. Family activities both outdoors and indoors. Café with outdoor seating. Rowing boat hire. Loan of kayaks. Vintage boat harbour. Boat service to the museum during summer. NO. ENG. GER. FR. SP

Sandviksboder 23 / NO-5035 / + 47 53 00 61 60 / fiskerimuseum.museumvest.no



34 OLD BERGEN MUSEUM

Step into the past at a charming living museum in reconstructed 19th and 20th-century Bergen. Explore 50 original wooden buildings that once stood in the city center. Stroll through a lovely English park, and don't forget to visit the cafe and museum shop for a delightful family-friendly experience filled with nostalgia.

Nyhavnsveien 4 / NO-5042 / +47 55 30 80 34 / 55 30 80 30 / bymuseet.no/



35 THE OLD VOSS STEAM RAILWAY MUSEUM

Travel back in time with our vintage steam train between Garnes – Midttun, east of Bergen. The route is run by one of our steam locomotives, teak passenger cars and (some sundays) a dinningcar with white tablecloths, service and a large lunch menu.

Tunesvegen 8 / NO-5264 / +47 940 53 037 / njk.no/gvb



36 THE OLEANA KNITTING FACTORY

Experience rich textile traditions and innovation at Oleana's open factory. Since 1992, Oleana has crafted garments from premium natural materials. Wander through the production floors, meet skilled artisans, and witness the journey from yarn to garment. Unwind at the factory shop and café amidst Sør fjorden's beauty. Enjoy a universe of flowers, color, pattern, and wool.

Ivar Aasgaards vei 1 / NO-5265 / + 47 55 39 32 20 / oleana.no

**37 OSTERØY MUSEUM**

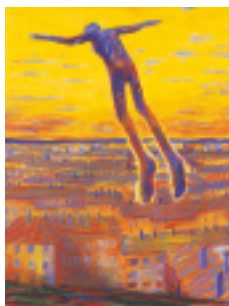
Osterøy Museum is in a beautiful setting in the cultural landscape of Osterøy. Old buildings show how people in the countryside outside Bergen lived, and through story-telling and experiences, the museum links objects and the living cultural heritage of textiles and costumes, weaving and local building customs.

Gjerstad 44 / NO-5282 / +47 941 72 250 / muho.no/osteroymuseum

**38 THE RASMUSSEN COLLECTIONS**

The Rasmussen Collections are hosting a summer sales exhibition with works by the Norwegian artist Frans Widerberg (1934–2017), in addition to the permanent collection of both Norwegian and international contemporary art. The museum has artworks by Picasso, Andy Warhol, Ørnulf Opdahl, Bob Dylan and many more. The Rasmussen Collections offer visitors a unique art experience.

Statsminister Michelsens veg 34 / NO-5232 / +47 900 47 855 / rasmussen-samlingene.no

**39 ROSENKRANTZ TOWER**

The inner core of today's 16th century Renaissance tower, was erected by king Magnus Lagabøte in the 13th century, as a residence and fortified tower. Climb the narrow, dim stairs from the dungeons and all the way to the cannon attic. At the top roof, enjoy an excellent view of the city.

Bergenhuss Festning / NO-5003 / +47 55 30 80 38 / 55 30 80 30 / bymuseet.no/

**40 STOREBLÅ AQUACULTURE VISITOR CENTRE**

A different kind of experience! Storeblå Aquaculture Visitor Centre, part of the Norwegian Fisheries Museum, provides a unique and comprehensive insight into Norwegian aquaculture. Explore and learn more about this industry in our modern exhibition. The centre also offers RIB boat trips to a fish farm outside Bergen where you'll be able to see salmon up close.

Sandviksboder 1G / NO-5035 / + 47 53 00 61 60 / storebla.no

**41 TEXTILE INDUSTRY MUSEUM**

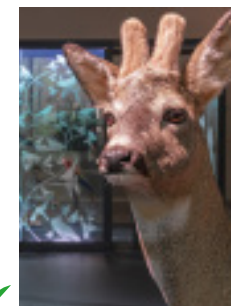
Visit a unique museum in the Bergen region! How is wool turned into clothes? Visit Salhus Tricotagefabrik, a listed textile factory dating from 1859, and learn about the textile industry in Western Norway.

Salhusvegen 201 / NO-5107 / +47 55 25 10 80 / muho.no/tekstilindustrimuseet

**42 THE UNIVERSITY MUSEUM OF BERGEN**

Explore the wonders of science at the University Museum. Our museum is a must-see destination for all ages, with an abundance of exhibits displaying stunning artifacts, - and specimens. The University Museum has something for everyone.

Muséplassen 3 / NO-5007 / 55 58 00 00 / universitetsmuseet.no/nb/node/386

**43 WESTERN NORWAY EMIGRATION CENTRE**

An authentic prairie village on the island of Radøy. The Emigrant Church and the buildings in the Prairie village were built by Norwegian-Americans in the USA and later moved to Norway. We chronicle the history of Norwegian emigrants, and draw parallels to migration today. Permanent and changing exhibitions, guided tours and experiences.

Hellandsvegen 541 / NO-5939 / +47 917 12 961 / 55 25 10 80 / muho.no/vestnorsk-utvandringssenter



Discover historic Bergen!

BYMUSEET.



  [bymuseet.no](https://www.bymuseet.no)



CITY WALK

Bryggen Guiding - on foot

Experience Bergen's history where it all started - at UNESCO World Heritage site Bryggen!

Daily 11:00 and 13:00

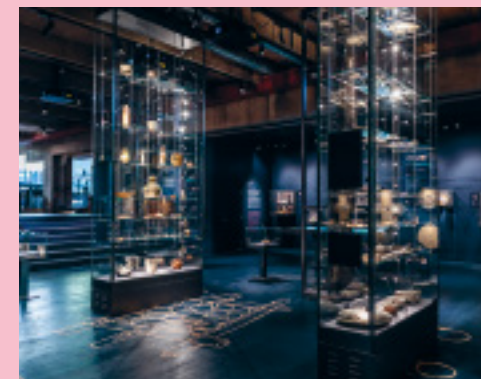
May 22nd - September 30th (In English)



OLD BERGEN MUSEUM

Experience 19th century Bergen

Enjoy a bit of nostalgia delving into the history of a living museum in the reconstructed Bergen of the 19th and 20th centuries.



BRYGGENS MUSEUM

Meet the Middle Ages

Archaeological museum comprising thousands of items that provide an interesting insight into everyday life during the Middle Ages.

HÅKON'S HALL

Norway's medieval stone castle

Explore Håkon's Hall, crafted by King Håkon Håkonsson between 1247 and 1261 for royal gatherings in Bergen, then the largest city in Norway. Håkon's Hall witnessed pivotal events, including Norway's first laws.



The Wonders of Science

Explore the wonders of science at The University Museum of Bergen.

Our museum is a must-see destination for all ages, with an abundance of exhibits displaying stunning artifacts, - and specimens.

Our thought-provoking presentations and expert service demonstrate how museums can make a real difference in the world around us.

The University Museum has something for everyone.



THE UNIVERSITY MUSEUM OF BERGEN
NATURAL HISTORY
Muséplassen 3, 5007 Bergen

CHAPTER 2.2 / CHURCHES

44 BERGEN CATHEDRAL

Bergen Cathedral has stood, fallen and been rebuilt for almost 900 years. It was dedicated to Saint Olav in around 1150. The Church has been ravaged by five fires since then, and it was hit by a cannon ball in 1665. The canon ball is still lodged in the church spire as a memento of the Battle of Vågen.

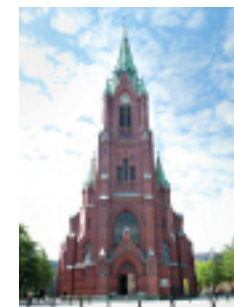
Domkirkeklassen 1 / NO-5018 / +47 55 59 71 75 / bergendomkirke.no



45 ST. JOHN'S CHURCH

The elevated position of St John's Church at Nygårdshøyden makes it a very visible feature of the city. It has the highest tower in Bergen at 61 metres, and it is also the church with the biggest capacity. The church was built in 1894 in the Neo-Gothic style. Its unique altarpiece and the large organ are additional reasons to visit the church.

Sydnesplassen 5 / NO-5007 / +47 55 59 71 75 / bergendomkirke.no



46 ST. MARY'S CHURCH

St. Mary's Church is one of the oldest buildings in Bergen, and definitely the best conserved. It was built during the 12th century, probably between 1130 and 1170. The beautiful inventory of St Mary's Church makes it well worth a visit, featuring a gilded altarpiece, a Baroque pulpit and other church art dating from different periods.

Dreggsallmenningen 15 / NO-5003 / +47 55 59 71 75 / bergendomkirke.no



WITH THE BERGENCARD YOU TRAVEL FOR FREE ON THE LIGHT RAIL AND ON BUSES IN BERGEN AND THE SURROUNDINGS

See pages 14-15

CHAPTER 2.3 / SIGHTSEEING

47 BERGEN BIKE RENT

Bergen Bike Rent is the largest guided bike tour and bike rental operator in Bergen. We have electric and standard bikes. Guided tours are available twice a day at 10 am and 2 pm. This could well be the best way to see Bergen and learn a little about its amazing history.

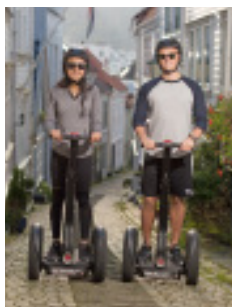
Bontlabo 2 (Cruise port) / NO-5003 / +47 400 04 059 / norwayactive.no



48 BERGEN SEGWAY

Bergen's original and only authorized Segway tour operator. Certificate of Excellence awarded 8 years in a row. Our tours are suitable for everybody. We guarantee you a fun and memorable experience. Our tours cover all of Bergen city center incl fantastic views from the mountainside.

Bontelabo 2 / NO-5003 / +47 471 47 100 / BergenSegway.no



49 I LOVE BERGEN

Join experienced guides on various walking and minibus tours of Bergen. Our tours focus on Bergen's fascinating history, but also draw attention to everyday life and some of our favourite off-the-beaten path places. We focus on providing a local, authentic experience and want you to make the most of your stay in Bergen! We operate public tours in English and private tours in all languages.

Bredsgården 2e / NO-5003 / +47 940 54 465 / ilovebergen.net



50 NORWEGIAN GUIDE SERVICE

How about a guided tour of Bergen?
On a private tour in your preferred language, your specially chosen Guide will bring you closer to the essence of Bergen for a truly enriching and unique experience tailored to your needs. Or maybe join one of our daily group tours for a fun and accessible way to explore our city. With our passionate guides, you will make the most of your time in Bergen!

Skoltegrunnskaian 1 / NO-5035 / +47 982 68 221 / norwegianguideservice.no



CHAPTER 3 / SHOPPING

51 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP

At Arven gold and silver ware factory and shop, you can buy beautiful hand made jewellery, household items and silver cutlery. A visit here is a real experience! You can see the production line and our artisans at work up close through a 40 metre long glass wall. Guided tours of the factory are also available.

Sandbrogaten 11 / NO-5003 / +47 55 55 14 40 / arven.no



52 DALE OF NORWAY

Norwegian-made knitwear of exceptional quality from Dale of Norway is available in selected stores at Bryggen. By visiting our Factory Outlet at Dale (45 minutes by car/train from Bergen) you can shop from our entire collection and find bargains on outgoing items. Factory tours (groups only) can be pre-booked at: shop@dale.no

Dale of Norway Factory Outlet, Sandlivegen 2 / NO-5722 / +47 415 67 571 / www.daleofnorway.com



53 THE OLEANA KNITTING FACTORY

Experience rich textile traditions and innovation at Oleana's open factory. Since 1992, Oleana has crafted garments from premium natural materials. Wander through the production floors, meet skilled artisans, and witness the journey from yarn to garment. Unwind at the factory shop and café amidst Sør fjorden's beauty. Enjoy a universe of flowers, color, pattern, and wool.

Ivar Aasgaards vei 1 / NO-5265 / + 47 55 39 32 20 / oleana.no



Travel by bus, boat and light rail when you explore Bergen and Vestland!

skyss

Visit [skyss.no](https://www.skyss.no) for timetables and more information.



Norway in a Nutshell®

Norway's most popular tour



Daily departures,
all year

This legendary tour takes you through the best of Norway's breathtaking fjord and mountain scenery.

Tour highlights

- The famous Flåm Railway and the beautiful Kjosfossen waterfall
- A silent electric fjord cruise on the Nærøyfjord, a UNESCO listed World Heritage Site
- The scenic Bergen Railway
- Bus through the beautiful Nærøy valley

The tour can be taken as a one-day trip from Bergen back to Bergen or from Bergen to Oslo.

Book at [fjordtours.com](https://www.fjordtours.com)

Sognefjord in a Nutshell™

A scenic journey on Norway's longest fjord



Daily departures from
1 April to 31 October

Photo: Paal Audestad

Travel through the heart of Norway's fjord and mountain landscapes on the famous Sognefjord.

Tour highlights

- Express boat on the famous Sognefjord
- Charming local villages along the way
- The spectacular Flåm Railway and the Kjosfossen waterfall
- The scenic Bergen Railway

The tour can be taken as a one-day trip from Bergen back to Bergen or from Bergen to Oslo.

Book at [fjordtours.com](https://www.fjordtours.com)



Photo: Visit Hardangerfjord

Fjord cruise on the Hardangerfjord

Join a fjord cruise along the dazzlingly beautiful Hardangerfjord, known as the “Queen of the Fjords”. Bus connections from Bergen make it easy to combine a city break with time exploring Hardanger.

The boat trip itself starts from the quay in Norheimsund. Relax and enjoy the captivating scenery on the way to Eidfjord, passing idyllic villages, majestic mountains and blossoming fruit trees. Stops in Herand, Utne, Lofthus, Kinsarvik and Ulvik offer a wealth of opportunities for exciting fjord and mountain experiences – whether you’re planning a day excursion or a longer trip. Hardanger is waiting to be explored, so book your ticket now and join us for a memorable adventure! Bus departs from Bergen Bus station at 07:25



Tickets can be bought online, on board or at the Tourist Office in Bergen.

Scan code to find out more or visit www.norled.no



Photo: Visit Sognefjord

Fjordcruise at the Sognefjord to Flåm

Join a fjord cruise on Norway’s majestic pearl, the Sognefjord, known as the “King of the Fjords”.

Enjoy the views from the panoramic windows in our lounge or breathe in the invigorating fjord air from the sun deck. Whether you want to explore charming villages such as Vik, Balestrand and Aurland, or are travelling all the way to Flåm, your adventure starts at Bergen’s Strandkai-terminalen. En route to Flåm, we sail a short way into the UNESCO-listed Nærøyfjord, a branch of the Sognefjord and a true jewel. Join us to experience the beauty and magic of Norway’s fjords. Book your fjord cruise with us now!



Tickets can be bought online, on board or at the Tourist Office in Bergen.

Scan code to find out more or visit www.norled.no



Enjoy a fjord adventure with steep mountains and mighty waterfalls

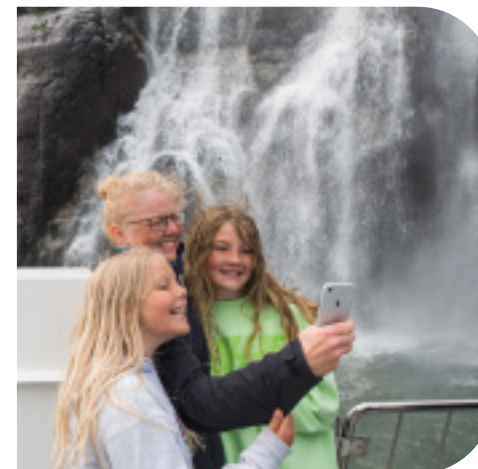


Join us on this fjord cruise from Bergen through stunning fjord scenery. The crew navigates safely through the powerful currents of the narrow Mostraumen straits towards the lovely village of Modalen. Get close to spectacular mountains, scenic waterfalls and feel peace descend upon you in these fairytale landscapes.

3–3.5 hour round trip.

Departures all year!

Photos: Robert Strand & Tom Gulbrandsen

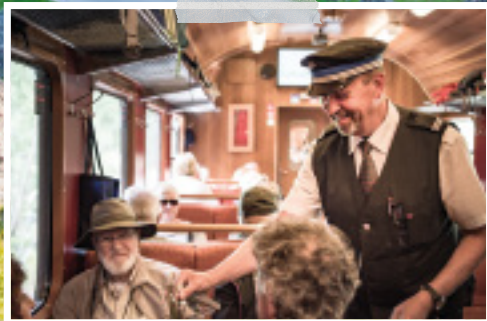
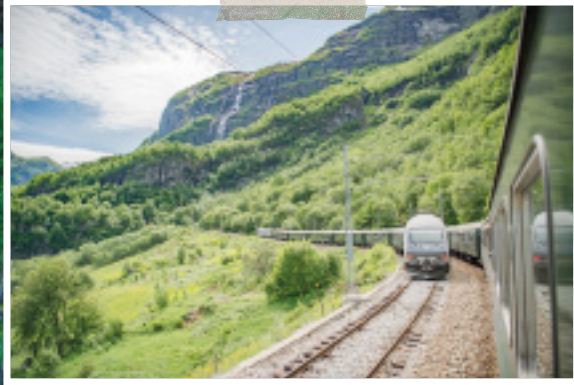


Scan and book



For more information, departure times and prices, see rodne.no

Norway's™ best postcard_



Round trip with The Flåm Railway

The Flåm Railway has been described as one of the most beautiful train journeys in the world. Experience the unique train journey this summer!



Book directly at
norwaysbest.com

Look forward!



GO fjords.com

We carefully curate and piece together tours and activities for travelers.

Cruise on the fjord, explore local villages, visit remote corners, look for blue ice on a glacier hike, island hop, summer ski and more.



Go Fjords offers trips all over Norway, and also with a great selection from, in and around Bergen.

Scan our QR-code to find out more and book with us.

Adventure awaits, go find it!



CHAPTER 4 / VESTLAND

AUSTEVOLL
ARCHIPELAGO OF 667
ISLANDS AND ISLETSNATURE EXPERIENCES
ABOUND IN AUSTEVOLL

The Austevoll archipelago is situated between Bergen and Stord, and its biggest villages are Storebø and Bekkjarvik.

Bekkjarvik.



You can take the boat from Strandkai-terminalen in the centre of Bergen to Bekkjarvik. There is also a ferry from Krokeide to Hufthamar for those taking their own car.

If you plan to see Bekkjarvik, you should definitely take the opportunity to visit **Bekkjarvik Gjestgiveri**, which is in an idyllic setting beside the harbour. This guest house, which was built at the end of the 17th century, is family-run and still provides accommodation. When visiting Austevoll, make sure you visit Restaurant Mirabelle by Ørjan Johannessen. Previous winner of Bocuse d'Or, Ørjan Johannessen creates high-quality culinary experiences together with his brother Arnt.

From Bekkjarvik, you can also go out fishing at the **ocean's edge**, for a day

of fishing, sea spray in your face and fisherman's yarns. On the local boat MS Tjelden, you can go island hopping between the islands of Austevoll (operated by Norled). You can either stay on the boat and enjoy a round trip, or hop off en route and take another boat to your next destination.

Austevoll is a **cycling paradise** now that the biggest islands have been linked together by bridges. Good, quiet roads and great scenery make for fantastic cycling. You can rent a bike if you don't bring your own. You can also hire a SUP (stand up paddle board) and kayak in Bekkjarvik.

NORDHORDLAND

THE FJORD KINGDOM

JUST OUTSIDE BERGEN

THE SEA ROUTE HAS BEEN THE MAIN
THOROUGHFARE IN NORDHORDLAND
ALL THE WAY BACK TO THE VIKING AGE

In Nordhordland, between Bergen and the Sognefjord, you will find beautiful fjords, untouched nature and narrow straits with strong currents.

Osterfjorden.



Animals and people have created a beautiful landscape of colourful heathlands and charming drystone walls as protection against the elements. Nordhordland north of Bergen is a gem for nature experiences, exciting emigration history and activities that are guaranteed to bring a glow to your cheeks, the wind in your hair and laughter and joy.

Fjord just outside Bergen

The sea route is the most beautiful way to reach Nordhordland. Every day, all year, you can take a sightseeing boat up the beautiful fjord landscape of Nordhordland. The nature experiences start as soon as you board the boat, as you pass Nordhordland Bridge, Alverstraumen and the island of **Osterøy**. Innermost in the Osterfjord, the boat takes you up the narrow Mostraumen strait with its strong currents to **Modalen**. This trip is a perfect

fjord experience, with sheer mountains and waterfalls, idyllic farms and small villages, fauna and fresh sea air.

The lifesaver that shaped the land and people

Traces of the first people who settled along the coast can be found at, among other places, **Fosenstraumen** and at **Skipshelleren**. People started farming sheep around 4,500 years ago. Sheep are superbly adapted to the harsh climate, with their 'raincoat' over a warm layer of wool. **Ullruta** – the wool route tells the story of how sheep became a lifesaver for people living along the coast.

At the **Heathland Centre at Lygra**, you can learn about how farmers cultivated the heathlands as grazing for their animals. **Osterøy Museum** tells the story of how the Vikings invented the first raincoat, the



Lyngheiseret.

'Varafell'. You can also learn about how wool was used in the mass production of clothes at the **Textile Industry Museum**. At the **Western Norway Emigration Centre at Sletta**, you can hear about Norwegians who brought wool with them to the prairie when they emigrated to America.

Today, new generations are discovering this strong and sustainable natural product, and enjoying learning old craft techniques and patterns. The well-known brands, **Hillesvåg Ullvarefabrikk**, **Dale of Norway**, **Oleana** and **Norlender**, which still use wool in their first-class, Norwegian design products, are based in Nordhordland.

Walks in the beautiful Stølsheimen mountains in Masfjorden, between the Sognefjord and the Vossefjellene mountains, offer great natural and historical experiences. In Matre, you will find the **Bjørn West Museum** where you can learn more about the dramatic fighting that took place in the Stølsheimen mountains towards the end of World War II.

The area has varied and majestic scenery, with waterfalls and spectacular walks from the fjord to the mountains. **Stordalen Fjellstove** is a good starting point for walks, and also offers guided walks, accommodation and good food.

Fedje – the village in the sea

Fedje is an island at the ocean's edge with a population of just over 500. You can stay at **Hellisøy lighthouse**, and enjoy its panoramic views. Visit the Tourist Information at the quaint shop on the quay. After a lovely walk in the coastal heather, you can enjoy a delicious meal at one of the island's restaurants. It also has a swimming pool. The easiest way to get to Fedje is to take the ferry from **Sævrøy** in Austrheim.

Gulatinget – the Vikings' parliament and court

Western Norway has played an important role in history – all the way back to the Viking Age. King Harald Fairhair (reign approx. 872–931) founded the **Gulating** in **Gulen**. It was one of the oldest and biggest legislative assemblies in the Nordic countries, and 'Gulatingsoven' was one of the earliest laws. Vikings from all over



Tingveggen.

Western Norway gathered here every year to meet the king, discuss political issues, adopt laws and pass judgment in cases.

An Anglican cross and a Celtic cross dating from the 11th century still stand in Eivindvik. They mark what is believed to be the original site of the Gulating. At the **Gulatinget Millennium Site** in Flolid, the other site associated with the Gulating in Gulen, you can see the majestic installations 'Tingveggen', 'Tinghella' and 'Eldsirkelen' made by artist Bård Breivik.

The park is open to the public, and guided tours are available for groups, all year. Lunch of **Viking 'tapas'** by arrangement (min. 15 persons). Visitors can join guided tours at set times during summer. Cultural trails have been created at both sites, where visitors can take their own guided tour using a mobile phone or iPad.

Osterøy – a journey between fjord and mountains

Osterøy is an inland island, surrounded by beautiful fjords on all sides. This is the island for great nature and cultural experiences! Your bucket list should

include a summit tour to Bruviknipa and a visit to Mjøsvågen where you will find the village shop **Mjøsvågen landhandleri**, **industrial** history and **Norlender**.

Paradise for oceansport and deepsea fishing

In this region, you can have as much action-packed fun as you want. At **Kilstraumen Brygge**, experienced oceansport enthusiasts ensure that everything takes place in safe surroundings. How about skin diving and snorkelling on the surface of the sea, while you watch fish swim past below? The joy of paddling a canoe on calm freshwater lakes in **Nordhordland** is a well-kept secret. Hire a canoe at **Bruvoll Camping** in Hundvin and explore them for yourself!

Vaksdal

Vaksdal is situated between Bergen and Voss, and between the fjord and mountains. The Bergen Railway stops in Dale, which is the gateway to the fantastic hiking area Bergsdalen.

TYSNES – THE PLACE FOR GREAT CULINARY EXPERIENCES

WITH THE OCEAN TO THE WEST AND
THE HARDANGERFJORD TO THE EAST

Tysnes is not just an island, but a group of islands, covering some 255 square kilometres.

The quay at Våge – Tysnesfest.



Many people might associate the island of Tysnes with the festival **Tysnesfest**, a family-friendly music festival beside the sea. But Tysnes has a lot more to offer. The island is made up of areas of smooth coastal rock and heathland to the west, while the landscape shifts to high mountains and large areas of forest and the Hardangerfjord to the east. And not least, it has a **lovely archipelago** perfect for boating excursions with the option of fishing.

Tysnes has also gradually become known for **culinary experiences**. On the quay in Våge, you'll find **Mandelhuset** right beside the sea, where they make great food with authentic flavours, based on fresh, local produce. The restaurant gets fish and seafood from local fishermen on the quay, potatoes and beef from the neighbouring farm and fruit and apples are picked on the island.

When you're visiting Tysnes, you should put on your hiking boots and walk to the top of a mountain. **Tysnessåta** is in a lovely location in the middle of the island, and from the top, at an altitude of **751 metres**, you can enjoy great views of the Bjørnefjord, Myrdal, Os and Fusa. If you'd rather do an easier hike, **Ramnanuten** (230 metres) is recommended. The walk starts in Våge and is suitable for the whole family. There are magnificent views across Tysnesbygden and the Bjørnefjord from the top.

To get to Tysnes from Bergen, you take the ferry from Halhjem (where the ferry to Sandvikvåg on Stord also departs from), an approx. 35-40-minute drive from the centre of Bergen. The ferry goes to Våge.

ØYGARDEN

THE COAST AS YOUR PLAYGROUND

THE COAST WEST OF BERGEN IS IDEAL FOR ACTIVE, INVIGORATING AND EXCITING EXPERIENCES

Just a stone's throw from the city, you can take part in spectacular coastal activities and incredible culinary seafood experiences.

Rongesundbro, Øygarden.



When the ice retreated around 10,000 years ago, it left thousands of islands like pearls on a string. When the winter storms lash the coast, you feel humbled by the forces of nature.

Marstein lighthouse stands in the ocean like a dependable guide for those taking the sea route to Bergen. You can spend the night in the lighthouse and watch the sky explode into colour as the sun disappears over the horizon.

In the kingdom of the sea eagle
There is rich bird life in the coastal landscape, and there are more than 236 species of birds to spot. The sea eagle, one of the biggest birds of prey in the world, is the undisputed king. You are now in the **kingdom of the sea eagle**. The nature reserves at **Tjeldstømarka in Øygarden** and **Herdla on Askøy** are perfect for bird

watching. Experience nature up close on a walk on the North Sea Trail and coastal paths in Øygarden. There is a great chance that you will catch a glimpse of the sea eagle as it dives into the sea to catch its dinner.

With the sea as your playground

The region west of Bergen offers a multitude of activities that make the most of the fascinating coastal landscape. Experience what it's like to catch a whopper in the great fishing grounds off **Sotra and Øygarden**, which are perfect for **deepsea fishing**. You can become one with the **archipelago** and the water in a sea kayak. Get a sense of the forces of nature and a rush as you ride the waves. Seek shelter for the night, enjoy the long, light evenings and the panoramic view of the starry skies.



Sotra.

Walk coastal paths on Golta and enjoy views of the whole **horizon**. Go on a cliff walk and jump into the sea to try your hand at **coasteering**. **Panorama Hotell & Resort** offers a wide range of activities, experiences and accommodation options. Go on a guided tour with **Dive Bergen** of nature's gigantic aquarium, and dive between shoals of fish, benthic fauna, old shipwrecks and fascinating rock formations. A paradise for shell seekers, sports divers, scuba divers and wreck divers. Even the most adventurous souls will get a big kick out of Norway's most spectacular climbing walls.

One of Norway's biggest war treasure troves

The area is a treasure trove for those interested in the history of the war and the occupation.

The museums under **Museum Vest** also give visitors an insight into authentic coastal culture, a glimpse of the generations who have made a living from the sea's bounty all the way back to the Stone Age. The incredible history told at the **North Sea Traffic Museum** and

the **Coastal Museum in Øygarden** is enhanced by the beautiful surroundings – the scenery, the view, the air and the sea. Learn about one of the most well-known episodes of resistance fighting that culminated in the Telavåg tragedy. The history of Fjell, Sund and Øygarden give the region a unique identity that you can only experience by being there.

Flavours that enhance the experience

You need all of your senses to enjoy the coast to the full. On a small island in the archipelago, you can indulge your taste buds with some of the most exotic flavours the coast has to offer. **Bergen Fjord Adventure** takes people on exciting trips in the archipelago. Go on a voyage of discovery in the ebb looking for seaweed, kelp, winkles, shells and common crabs, and see them be transformed into an unforgettable culinary experience.



Cornelius Sjømatrestaurant.

Cornelius Sjømatrestaurant is one of Norway's best restaurants, where you are served the freshest ingredients straight from the sea with a unique **meteorological menu** adapted to the weather and available ingredients. There are daily boat departures to Cornelius from Bryggen in Bergen, and the trip takes 20 minutes. Enough time to whet your appetite ahead of your delicious meal.

Wild sheep graze on the islands along the ocean's edge. The coast has shaped both the land and people's lives for thousands of years along this exposed coast. Heather, sea salt and fresh sea air give **Strilalammet lamb** its delicious flavour, and this product is fast becoming a sought after-ingredient along the Bergen coast. However, great culinary experiences are not made of great ingredients alone. Enjoying a meal in the right environment enhances the experience. On fine days, the sliding doors are opened and light dishes are served on tables set on the quay. On rough days, we light candles in the lounges, light the fire and serve food with stronger flavours.



The seafood tastes best right from the sea.



Throw yourself into the ocean with coasteering.

CHAPTER 5. TRANSPORT

FROM HERE

TO THERE

To see the best of Bergen, it's important to get around. Travel efficiently from A to B to get the most out of your stay.

The pride of Bergen's public transport, **Bergen Light Rail**, is a light rail service with two lines. Line 1 operates between Byparken in Bergen city centre and Bergen Airport Flesland while line 2 operates between Byparken and a suburb called Fyllingsdalen. Tickets can be purchased online, in the Skyss app and on the ticket machines at every light rail stop. Since Bergen Light Rail largely runs separate from other traffic, and has right of way at traffic lights, it is a more efficient form of transport than ordinary city trams. The many stops in central areas make Bergen Light Rail a popular means of transport for locals, tourists and visitors. There are good bus connections at many of the stops, such as Byparken and Lagunen, for those who wish to travel further by public transport.

Buses are perhaps the most flexible means of travelling on public transport in and around Bergen. The well-developed scheduled bus services bring you close to your destination in Bergen city centre, on Osterøy, Bergen North, Bergen South, Os, Hardanger, Voss and Austevoll. The main lines cover large areas of the Bergen Region, and the express buses transport passengers quickly to the bus terminals in the different districts. Tickets can be bought in kiosks or on an online/mobile phone app.

The Bergen Card enables you to travel free of charge on **Skyss's** bus and Bergen Light Rail services in Bergen and Hordaland.

As well as saving money and transporting you efficiently to destinations in the region, it can also provide a golden opportunity to see the areas around Bergen. With the Bergen Card in your pocket, you are free to go where you want, when you want. For free. You can, for example, take Bergen Light Rail to Troidhaugen and Fantoft Stave Church, or a bus to Old Bergen Museum or the Hardangerfjord.

If you want to make your own way around, the Bergen Card entitles you to a discount on **parking** at Bygarasjen multi-storey car park in the city centre.

USEFUL INFORMATION

IMPORTANT PHONE NUMBERS

POLICE: Tel. 112
FIRE BRIGADE: Tel. 110
AMBULANCE: Tel. 113.

ACCIDENT & EMERGENCY

Solheimsgaten 9.
(+47) 55 56 87 00.
Open day and night.
DENTIST: EMERGENCY DENTAL CARE,
Solheimsgaten 18 B.
(+47) 55 31 03 10.

DUTY CHEMISTS

Vitusapotek Nordstjernen, Bergen Storsenter
at the Bus Station. (+47) 55 21 83 84.
Ditt Apotek Bryggen, Vetrilidsallmenningen 11
www.dittapotek.no (+47) 55 96 27 80

BERGEN PUBLIC LIBRARY

Strømgaten 6 (E4)
(+47) 55 56 85 00. www.bergenbibliotek.no
Free internet. Wireless network.
Music Department.

CURRENCY EXCHANGE/ BUREAU DE CHANGE

Most currencies can be changed at the Tourist
Information on the Fish Market (D4).

FJORD INFORMATION

www.fjordnorway.com

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Strømtg. 6 (E4) (+47) 55 56 85 00.
The Tourist Information has free wireless network.

PHONING

To phone abroad, dial 00 + the country code.
To call Bergen from abroad: +47 + number.

THE CITY OF BERGEN

Bergen Town Hall next to Lille Lungegårdsvann lake.
(+47) 05556. www.bergen.kommune.no

INFORMATION FOR THE PUBLIC*

Tourist Information, Strandkaaien 3,
N-5013 Bergen, Norway
Tel.: (+47) 55 55 20 00
info@visitBergen.com
www.visitBergen.com

ELECTRONIC NEWSLETTER

You can register for our newsletter
www.visitBergen.com

INFORMATION FOR THE TRAVEL INDUSTRY AND THE PRESS

Visit Bergen, Strandgaten 3,
P.O.Box 977 Sentrum, NO-5013 BERGEN.
(+47) 55 55 20 00.
mail@visitBergen.com
www.visitBergen.com

HOTELS

Alver Hotel
Bekkjarvik Gjestgiveri Hotel & Suites*
Bergen Børs Hotel (D4)*
Bergen Harbour Hotel
Clarion Collection Hotel Havnekontoret (C4)*
Clarion Hotel Admiral (C5)*
Clarion Hotel Bergen (D4)*
Clarion Hotel Bergen Airport*
Comfort Hotel Bergen (C5)*
Comfort Hotel Bergen Airport*
Det Hanseatiske Hotel (D5)
Fjordslottet Hotell*
Grand Hotel Terminus (E4)*
Haaheim Gard*
Hotel Heimen (De Bergenske) (C5)
Hotel Norge by Scandic (D5)*
Hotel Oleana (D5)
Hotel Park (E5)*
Klosterhagen Hotel (C5)*
Magic Hotel Kløverhuset (D5)*
Magic Hotel Korskirken (D4)*
Magic Hotel Solheimsviken (F3)*

Magic Hotel Xhibition (D4)*
Opus XVI AS - Edvard Grieg Heritage Hotel (D4)*
Panorama Hotell & Resort*
Quality Hotel Edvard Grieg*
Radisson Blu Royal Hotel (C4)*
Scandic Bergen City (D5)*
Scandic Byparken (D5)*
Scandic Flesland Airport*
Scandic Kokstad*
Scandic Neptun (D5)*
Scandic Torget Bergen (D4)*
Scandic Ørnen (E4)*
Skjerjehamn
Solstrand Hotel & Bad*
Thon Hotel Bergen Airport*
Thon Hotel Bristol (D5)*
Thon Hotel Orion (C4)*
Thon Hotel Rosenkrantz (C4)*
Villa Terminus (E4)*
Westland Hotel
Zander K Hotel (E4)*



MAIN ATTRACTIONS

See map pages 64–65

- 1 ADO ARENA
- 2 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP
- 3 BERGEN AQUARIUM
- 4 BERGEN BASE CAMP
- 5 BERGEN PHILHARMONIC ORCHESTRA
- 6 ESCAPE BRYGGEN
- 7 FLØIBANEN FUNICULAR
- 8 BERGEN CLIMBING PARK, HØYT & LAVT
- 9 NORDNES SJØBAD
- 10 ULRIKEN643
- 11 BERGEN SCIENCE CENTRE – VILVITE

- 38 THE RASMUSSEN COLLECTIONS
- 39 ROSENKRANTZ TOWER
- 40 STOREBLÅ AQUACULTURE VISITOR CENTRE
- 41 TEXTILE INDUSTRY MUSEUM
- 42 THE UNIVERSITY MUSEUM OF BERGEN
- 43 WESTERN NORWAY EMIGRATION CENTRE

CHURCHES

- 44 BERGEN CATHEDRAL
- 45 ST. JOHN'S CHURCH
- 46 ST. MARY'S CHURCH

MUSEUMS

- 12 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP
- 13 THE ARBORETUM AND BERGEN BOTANICAL GARDEN
- 14 BERGENHUS FORTRESS MUSEUM
- 15 BERGEN MARITIME MUSEUM
- 16 BERGEN SCHOOL MUSEUM
- 17 BERGEN TECHNICAL MUSEUM & HISTORIC TRAM
- 18 BJØRN WEST MUSEUM
- 19 BRYGGEN GUIDING – on foot
- 20 BRYGGENS MUSEUM
- 21 COASTAL MUSEUM IN ØYGARDEN
- 22 DALE OF NORWAY
- 23 GAMLEHAUGEN
- 24 HAAKON'S HALL
- 25 THE HANSEATIC MUSEUM AND SCHØTSTUENE
- 26 HAVRÅ
- 27 HERDLA MUSEUM
- 28 KUNSTHALL 3:14 – CONTEMPORARY ART
- 29 THE LEPROSY MUSEUM – ST. JØRGEN HOSPITAL
- 30 THE HEATHLAND CENTRE AT LYGRA
- 31 THE MUSEUM GARDEN
- 32 THE NORTH SEA TRAFFIC RESISTANCE MUSEUM
- 33 THE NORWEGIAN FISHERIES MUSEUM
- 34 OLD BERGEN MUSEUM
- 35 THE OLD VOSS STEAM RAILWAY MUSEUM
- 36 THE OLEANA KNITTING FACTORY
- 37 OSTERØY MUSEUM

SIGHTSEEING

- 47 BERGEN BIKE RENT
- 48 BERGEN SEGWAY
- 49 I LOVE BERGEN
- 50 NORWEGIAN GUIDE SERVICE

SHOPPING

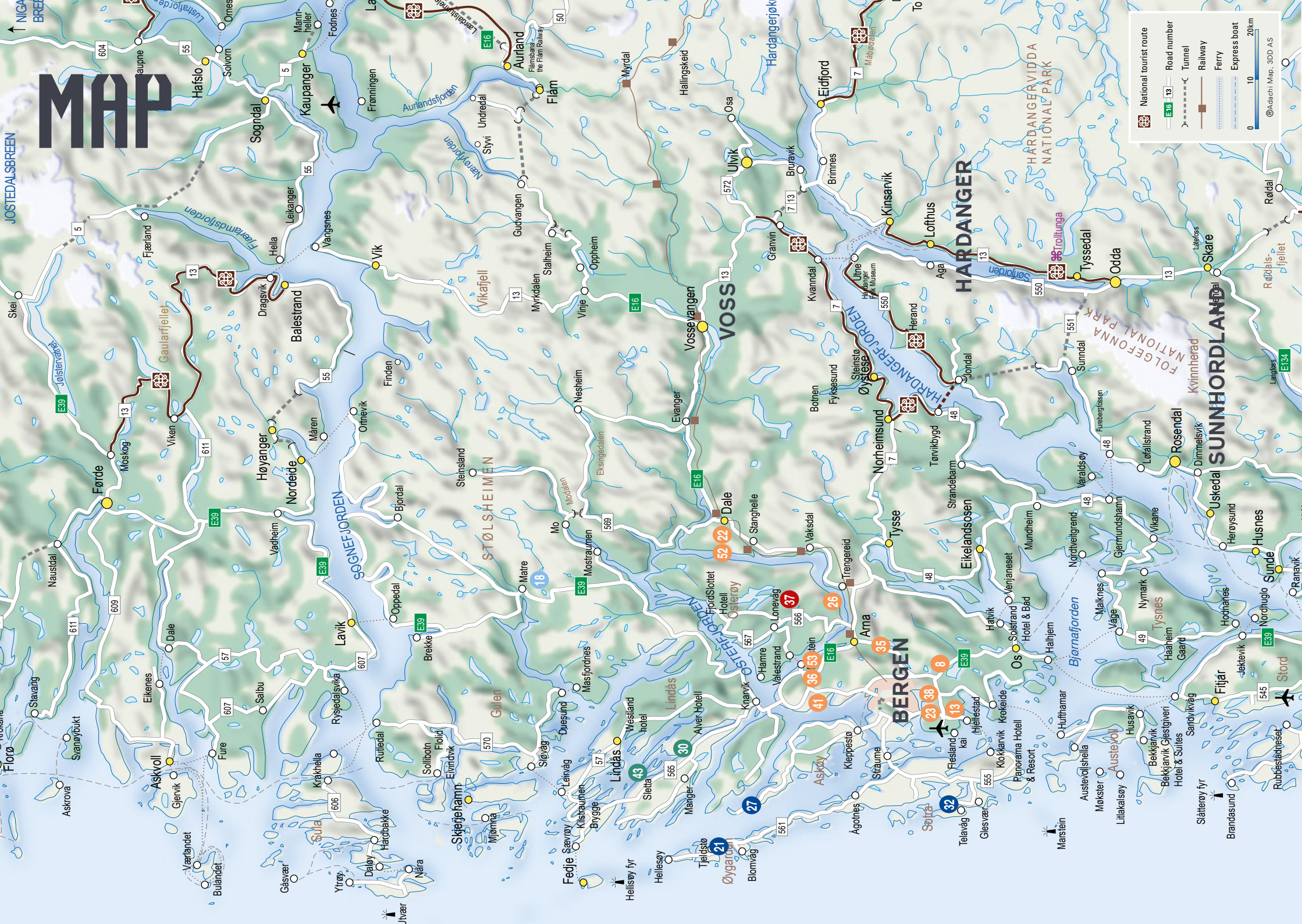
- 51 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP
- 52 DALE OF NORWAY
- 53 THE OLEANA KNITTING FACTORY

TRANSPORT

- A Ferry for Denmark
- B Departure point for tours by traditional boats (C4)
- C Strandkai terminal (D5)
- D Sightseeing boats. Marina for leisure boats (D4)
- E Express boat for Askøy (D5)
- F Norwegian Coastal Voyage (Hurtigruten)
for North Norway (D6)
- G Central Bus Station (E4)
- H Railway Station (E4)
- I Airport bus
- J Cruiseship port
- K Bus to Ulriken643

i The Tourist Information

MAP



	National tourist route
	Road number
	Tunnel
	Railway
	Ferry
	Express boat

0 10 20km
©Aqachi Map, 3DD AS



	Bergen Light Rail
	AutoPASS
	Public Building
	Hotel

0 300 m

©AdachiMap

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In Bergen there is one thing you simply can't miss, a Fjord Cruise with us

Tickets can be bought online, on board or at the Tourist Office in Bergen.

Scan code to find out more or visit www.norled.no



BERGEN

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World Heritage City

Strandkaian 3
NO-5013 Bergen
Norway

Tel: +47 55 55 20 00
Mail: mail@visitBergen.com
Web: visitBergen.com